VIP HomeCare Inc.
Compassionate, Professional Care

Living with Zing

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Memory Corner

Celebrating St. Patrick's Day

To this day Ella W. follows a family tradition – of wearing orange on St. Patrick's Day. "The other children at school didn't like it," Ella remembers, "but I didn't care. I was celebrating my heritage. My grandmother, who came here from Ireland, always told me that she was an Orangeman. We were Irish Protestants, so we wore orange."

Ella likes Irish green, too, and has inherited some serving pieces decorated with beautiful green shamrocks.

Favorite memories are of the times Ella spent in her grandmother's store. Her grandmother would take a break and make two cups of tea, using just one teabag to be thrifty. Ella loved to listen as her grandmother told stories about life in Ireland. Then it was back to work, grinding meat and stocking the shelves, getting ready for the next customer.

Winter is melting away and spring hastens to greet us! We hope very much that you enjoy this, our third newsletter, and find that it adds a bit of zing to your day.

Diane Johnson, President & CEO, VIP HomeCare, Inc.

Signs of Spring

Days Are Growing Longer

March is an in-between month. It can shower us with snow and ice, but it also brings the first whispers of spring. What's the earliest sign of spring in your neighborhood? A warm day can be the first hint. The sun – bright but cold during the winter months – finally has some warmth to it. And now the days are growing noticeably longer. Even the rays of the evening sun feel warm.

As days grow longer and a bit warmer, bulbs begin to push upwards and show their tips in the garden. Trees also prepare for their spring growth. Maples take on a reddish tinge as their buds form at the end of each twig, and willow buds begin to show yellow along the trailing branches.

These early days of spring bring the first robins back to our region. Songbirds, too, return after their winter migration, and the sound of birdsong brightens the city streets as well as the countryside. In some neighborhoods, the first sign of spring is not birdsong but the sound of children playing outside. The sounds of a basketball bouncing or the cries of kids playing catch are sure signs that spring will soon be here.

Best of all is the smell of spring in the air. This is a great time to open the window and see if you can detect that earthy smell of the world putting winter behind it and coming back to life.